

Student Concussions

WHAT IS A CONCUSSION?

A concussion is a type of traumatic brain injury. Concussions are caused by a bump or blow to the head. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

You can't see a concussion. Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury. If your child reports any symptoms of concussion, or if you notice the symptoms yourself, seek medical attention right away.

CDC Concussion Fact Sheet:

http://www.cdc.gov/concussion/pdf/parents_Eng.pdf

Returning to school after a concussion takes planning and support. Please notify the school nurse before sending your child back to school so that planning and support can be implemented.

CHOP Resource Fact Sheet:

<http://www.chop.edu/service/concussion-care-for-kids/returning-to-school.html>

Education for Parents, teachers, and health care providers is available at this site:

http://www.brainsteps.net/_orbs/about/index.aspx

Working together, we can help your child recover from their concussion and return to school, athletics, and play.