


CHAD Breakfast Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Whole Grains Available Daily	Day 1 Hot Cereal with Raisins & Whole Wheat Toast Fresh Fruit or 100% Fruit Juice Assorted Milk	Day 2 English Muffin with Egg & Cheese Fresh Fruit or 100% Fruit Juice Assorted Milk	Day 3 Golden Brown Waffles w/Maple Syrup with sausage Fresh Fruit or 100% Fruit Juice Assorted Milk	Day 4 Whole Grain Muffin Fresh Fruit or 100% Fruit Juice Assorted Milk
	Day 7 Low-Fat Yogurt Belly Bear Crackers Fresh Fruit or 100% Fruit Juice Assorted Milk	Day 8 Whole Wheat Pancakes with Fruit Toppings Fresh Fruit or 100% Fruit Juice Assorted Milk	Day 9 Hot Cereal with Raisins & Whole Wheat Toast Fresh Fruit or 100% Fruit Juice Assorted Milk	Day 10 Turkey Sausage Bagel with Cheese Fresh Fruit or 100% Fruit Juice Assorted Milk
Day 14 Breakfast Burrito with Egg & Cheese Fresh Fruit or 100% Fruit Juice Assorted Milk	Day 15 CHAD Muffin (Turkey Bacon, Egg, & Cheese) Fresh Fruit or 100% Fruit Juice Assorted Milk	Day 16 Hot Cereal with Raisins & Whole Wheat Toast Fresh Fruit or 100% Fruit Juice Assorted Milk	Day 17 English Muffin with Egg & Cheese Fresh Fruit or 100% Fruit Juice Assorted Milk	Day 18 Whole Grain Cereal Bar Fresh Fruit or 100% Fruit Juice Assorted Milk
Day 21 Turkey Sausage Bagel with Cheese Fresh Fruit or 100% Fruit Juice Assorted Milk	Day 22 Breakfast Pizza Fresh Fruit or 100% Fruit Juice Assorted Milk	Day 23 No School Winner Break!	Day 24 No School Winner Break!	Day 25 No School Winner Break!
Day 28 No School Winner Break!	Day 29 No School Winner Break!	Day 30 No School Winner Break!	Day 31 No School Winner Break!	

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

High School Alternate Options May Include:

Banana or Blueberry Muffins
 Chocolate Chip Oatmeal Breakfast Bar
 Warm Grab & Go Breakfast Sandwiches
 Fortified Breakfast Pastries
 Warm Bagels
 Yogurt & Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

Fat Free Chocolate, Fat Free Strawberry,
 Fat Free White and Low Fat White

Proud to manage your food service program



Meal Prices:
Paid \$0.00
Reduced \$0.00

The School does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE